

APPL Index Frequently Asked Questions (FAQ's)

The Arizona Pickleball Players League (APPL) introduced the APPL Index in 2025. This document is intended to answer questions and tell you how to find your APPL Index.

Why is APPL using this “APPL Index”?

A key goal for APPL is to promote good sportsmanship and fair competition. APPL players expressed an overwhelming desire for level competition and that scores not be reported to other National rating systems.

The APPL Index provides a measure of how you perform against others of similar skill in APPL matches ONLY, using the PBSR algorithm by Pickleballscores.

What is the APPL Index?

The APPL Index is your individual 3-digit number that represents your skill level play based ONLY on APPL matches. The Index is based on both your gender and mixed APPL play. Only you can see this 3-digit Index.

Connect to the link below for a short video with a more detailed explanation:

[APPL Index Explanation](#)

What is the Roster Rating?

The flight level you may play in is the APPL Index rounded down to the next 0.5 value. For example, if your APPL index is 3.72, you would play at the 3.5 level. This rounded down figure is called your Roster Rating and it will show up on the team roster.

When will I get my APPL Index?

APPL indexes are published at the end of each season, after the State Championships. This is generally around May 1st. All APPL players who have previously played in APPL will receive an email notification telling them their newest APPL Index is available.

How can I find my APPL Index and Roster Rating?

You must log into your account to see your individual APPL Index and Roster Rating:

1. Go to the APPL main webpage with this link: [APPL Website](#)
2. Go to the “Regions” tab and click on your Region name.
3. Login on the Regional webpage (upper right).
4. Click on the “Profile” tab (on the top bar to the left of the Login).
5. Click on the “Profile” tab underneath the Regional webpage banner.
6. Your APPL Index and Roster Rating will be shown next to your name.

If you have never created an account or need to reset your password, use this link for instructions: [How to Create your Regional APPL Login or Change Your Password](#)

I have played in more than one region. How does that affect my APPL Index?

Your APPL Index is determined by the games played in a specific region. If you have played in more than one region, you will have a separate APPL Index for each Region in which you played. Log into your player profile in each Region to see it.

Is the Automatic Variance available as it was in the 2025 season?

No. The Automatic Variance was a one-time opportunity to play at the same level in the 2025 season as in the 2024 season, without the need to be an exception. It was a tool to ease the transition to the APPL Index.

I did not play in the last season. Will I still receive an APPL Index?

If you played in APPL at any time since the 2022 season, you will receive an APPL Index.

How often is my APPL Index updated in my profile?

Your APPL Index will be updated annually, following the completion of the State Championship tournament, generally around May 1st.

Will it be mandatory for me to use my APPL Index when registering for the league?

Yes. Your APPL Index will be the default level for which you must register. Variances are no longer allowed. However, a team captain can allow up to 3 players to play on his/her team with a Roster Rating of no more than one-half point (0.5) lower than the team's skill level. You can also file an appeal.

I disagree with my APPL Index. What should I do?

If you disagree with your APPL Index, you may follow the APPL appeals process. The Appeal Form and Instructions can be found on the APPL website under APPL Player Resources.

How does an appeal work?

A player can complete an Appeal Form online to request a change to their Roster Rating. Based on the data provided, the Appeals Committee will review the information and make a decision to approve, decline, or ask for more information. All rating appeals will be reviewed individually, including ratings close to another level. The Appeals Committee is comprised of five representatives, one from each Region, to maintain consistency throughout the state. The decision of the Appeals Committee will be provided to the submitter and, if approved, the player's Roster Rating will be changed and marked with an "A". No change is made to the player's APPL Index. Appeals are valid for one year only. See the next question for limitations on an appealed rating.

Can I play in a flight that is above my Appealed Roster Rating?

NO. A player that is granted an appeal CAN ONLY PLAY AT THE NEW APPEALED ROSTER RATING LEVEL. Playing up as an exception is only allowed for players using the Roster Rating that matches their APPL Index. **Example:** If a player with an APPL Index of 2.90 is granted an appeal to 3.0, their Roster Rating will be changed to 3.0A. This player may ONLY play in the 3.0 division.

When will the Appeals process open for submissions?

It is anticipated that the form and process will start no later than the end of June 2025. Look for additional communication from APPL.

What about players who are new to APPL?

The Captain's rating will no longer be used. New players will be required to complete and submit a Self-Rating Request Form online to be approved at a specific Roster Rating (3.0,3.5,etc.). The player must submit the requested data on this form for approval. Self-Rated players may ONLY play at this approved Roster Rating for their first season in APPL.

It is anticipated that the form and process will start no later than the end of June 2025.

Can I look up the APPL Index and Roster Rating of other APPL players?

You can only look up the Roster Rating of other APPL players. The APPL Index is private and can only be accessed by the player. To view the Roster Rating for other players, go to the Regional Pickleballscores website and login. Click on the 'Ratings' link in the main menu. Note that you must be logged in to view the information. Click on any column heading to sort the list or filter the list by selecting a Division or Team to view.

Are the number of exceptions allowed per team changing?

No. Three (3) exceptions are still allowed for each team. If desired by the Captain, a player with a Roster Rating of no more than one half point (0.5) below the team's flight level may play up on their team as one of 3 exceptions. Example: A player with a 3.0 Roster Rating may play as an exception on a 3.5 team, but not on a 4.0 team. As always, players cannot play down in skill level.

What levels of play will be available for the 2026 season?

The 2026 APPL Season is anticipated to have skill level flights from 2.5 through 5.0, in gender and mixed divisions. Regions may have slight variations.