

APPL Index Frequently Asked Questions (FAQ's)

The Arizona Pickleball Players League (APPL) introduced the APPL Index in 2025. This document is intended to answer questions and tell you how to find your APPL Index.

Why is APPL using this “APPL Index”?

A key goal for APPL is to promote good sportsmanship and fair competition. APPL players expressed an overwhelming desire for level competition and that scores not be reported to other National rating systems.

The APPL Index provides a measure of how you perform against others of similar skill in APPL matches ONLY, using the PBSR algorithm by Pickleballscores.

What is the APPL Index?

The APPL Index is your individual 3-digit number that represents your skill level play based ONLY on APPL matches, including the Regional playoffs and the State Championship. The Index is based on both your gender and mixed APPL play. Only you can see this 3-digit Index.

What is the Roster Rating?

The flight level you may play in is the APPL Index rounded down to the next 0.5 value. For example, if your APPL index is 3.72, you would play at the 3.5 level. This rounded down figure is called your Roster Rating and it will show up on the team roster.

When will I get my APPL Index?

APPL indexes are published at the end of each season, after the State Championships. This is generally around May 1st. All APPL players who have previously played in APPL will receive an email notification telling them their newest APPL Index is available.

How can I find my APPL Index and Roster Rating?

You must log into your Regional APPL account on a computer to see your individual APPL Index and Roster Rating:

1. Go to the APPL main webpage with this link: [APPL Website](#)
2. Go to the “Regions” tab and click on your Region name.
3. Login on the Regional webpage (upper right).
4. Click on the “Profile” tab (on the top bar to the left of the Login).
5. Click on the “Profile” tab underneath the Regional webpage banner.
6. Your APPL Index and Roster Rating will be shown next to your name.

If you have never created an account or need to reset your password, use this link for instructions: [How to Create your Regional APPL Login or Change Your Password](#)

I have played in more than one region. How does that affect my APPL Index?

Your APPL Index is determined by the games played in a specific region. If you have played in more than one region, you will have a separate APPL Index for each Region in which you played. Log into your player profile in each Region to see it.

I did not play in the last season. Will I still receive an APPL Index?

If you played in APPL at any time since December of 2023, you have a current APPL Index and must use that when you return to APPL league play.

How often is my APPL Index updated in my profile?

Your APPL Index will be updated annually, following the completion of the State Championship tournament, generally around May 1st.

Will it be mandatory for me to use my APPL Index when registering for the league?

Yes. Your APPL Index will be the default level for which you must register. However, a team captain can allow up to 4 players (5 players for mixed) to play on his/her team with a Roster Rating of no more than one-half point (0.5) lower than the team's skill level. You can also file a Fast Track Appeal if you meet the criteria (see below).

How does a Fast Track Roster Rating Appeal work?

A player may request an automatic Fast Track Appeal of their roster rating, up to the next higher roster rating level, if their APPL Index is within 0.1 of that higher level AND they played at that higher level in the prior season. Roster ratings appeals should be submitted and ruled upon prior to player registration if possible. The player shall submit a request for a roster rating change using the Fast Track Appeal Form online (located on the APPL website under APPL Player Resources). No change is made to the player's APPL Index. Appeals are valid for one year only. See the next question for limitations on an appealed rating.

If I don't qualify for a Fast Track Appeal, can I still appeal?

Only for very unusual circumstances. If you feel you qualify, contact your Regional Director.

Can I play in a flight that is above my Appealed Roster Rating?

NO. A player that is granted an appeal CAN ONLY PLAY AT THE NEW APPEALED ROSTER RATING LEVEL. Playing up as an Exception is only allowed for players using the Roster Rating that matches their APPL Index. **Example:** If a player with an APPL Index of 2.90 is granted an appeal to 3.0, their Roster Rating will be changed to 3.0A. This player may ONLY play in the 3.0 division.

When will the Fast Track Appeal process open for submissions?

The online form and process will start no later than the end of July 2026. Look for additional communication from APPL.

What about players who are new to APPL?

New players will be required to complete and submit a Player Self Rating Assessment Form to be approved at a specific Roster Rating (3.0,3.5,etc.). The player can access the Player Self-Rating Assessment form on the APPL website under Get Started, and must provide a completed and signed copy to their Captain. Self-Rated players may ONLY play at this approved Roster Rating for their first season in APPL.

The online form and process will start no later than the end of July 2026.

Can I look up the APPL Index and Roster Rating of other APPL players?

You can only look up the Roster Rating of other APPL players. The APPL Index is private and can only be accessed by the player. To find a player's Roster Rating, log into your Pickleballscores regional website and click the Ratings button in the banner.

Are the number of Exceptions allowed per team changing?

Yes. For 2027 four (4) Exceptions are allowed for each gender doubles team and five (5) Exceptions are allowed for each mixed doubles team. 65+ and 70+ gender doubles teams are allowed an unlimited number of Exceptions as long as they have four (4) players at the team's flight skill level. If desired by the Captain, a player with a Roster Rating of no more than one half point (0.5) below the team's flight level may play up on their team as one of these Exceptions. Example: A player with a 3.0 Roster Rating may play as an Exception on a 3.5 team, but not on a 4.0 team. As always, players cannot play down in skill level. Players with a Self-Rating or an Appealed roster rating may NOT play as an Exception.

What levels of play will be available for the 2027 season?

The 2026 APPL Season is anticipated to have skill level flights from 2.5 through 5.0, in gender and mixed divisions. Regions may have slight variations.